

Welcome to our Queensland Winter – After clear nights we wake to cool mornings and mostly sun filled days. Redland City is a great base for all that South East Queensland has to offer over the winter months.

Our local area offers the very best of winter comfort food from lunches overlooking the water to cosy three course dinners at some of our oldest and most established restaurants. The village is also only a 10 minute drive to Sirromet, one of Australia's many Award Winning Wineries located at picturesque Mount Cotton. Sirromet is a fully operating Winery with a Cellar Door, Restaurant and Terrace, set against breathtaking natural scenery overlooking Moreton Bay.

If you're looking to stay indoors, local and surrounding shopping centres cater for all your shopping needs. However, if you feel like a day trip out, Brisbane City and the Gold Coast region are easily accessed within a 45 minute drive.

The village is in a perfect location for you to enjoy your retirement lifestyle and explore what The Redlands has to offer all year round! So, when you are looking for the right Retirement Village you really do have to remember it's "location, location, location"!

36 Bunker Road, Victoria Point Phone 3820 7700 www.rrl.net.au





# Life at Renaissance

In Feb 2016 I had the opportunity of emigrating from South Africa to Australia to be with my two daughters and my grandchildren. My children know I have a favourite saying "Three generations under one roof doesn't work!" It can be a lonely life living with family, they go to work, the kids go to school and you are on your own. I love my independence, so the option of staying on my own within a community was very attractive. My children wouldn't allow me to stay on my own as they would worry about my well-being and I am a bit of a social butterfly and love being with people. A retirement village seemed to be the perfect solution.

I was pleasantly surprised at the warmth of the residents and all the staff at Renaissance. From the day that I moved into my villa I was welcomed into the Renaissance family. My neighbours are so caring, if they don't see any movement from my villa – I will be sure to get a knock at the door to check on me – my daughter takes the liberty of phoning my neighbour to come over if I don't answer my mobile! We have wonderful get-togethers some impromptu, other times a lovely organised morning tea for a special occasion. I also look forward to our monthly Residents luncheons which are very popular. I never imagined that I would have such a fantastic group of friends which I call my Renaissance family. My daughter tells her friends that she has to make an appointment to see me because I am so busy! The Village offers a great lifestyle, I love using the pool for my water exercises – coffee mornings and I also look forward to the outings on the village bus - wonderful to meet new residents and to see explore new places. It's so special that our families are welcome at the village; my grandchildren love to come to granny's place. They have such a good time; from going hunting in the woods to picking fresh herbs in the herb garden and playing at the outdoor play area.

I would advise anyone thinking of down sizing and moving to a Retirement Village to make the move sooner rather than later. I have not looked back from the time I moved into Renaissance. I tell my friends that for me it's the next best place to heaven!

Written by Mary – A Renaissance resident





# Residents' Association Getting Involved in Village Life!

One of the great things about Renaissance is that we are extremely lucky to have such a passionate, committed and proactive Residents' Association which was established in 2006, during the early days of construction. With the increase in residents over time, they now have over 400 members. They are a "not for profit" incorporated body which oversees the social, cultural and recreational activities within the village.

The Management Committee, along with around 40 volunteer Coordinators, organise and administer around 50 regular activities throughout the village. The Association also arranges regular entertainment, often with well known and popular Australian talent, some with International experience, e.g. "Tenori" who perform with 3 of the famous 10 Tenors. Further, they regularly hold other appropriate functions like, Australia Day celebrations, Anzac Day services and luncheons, etc. The recent "Stardust and Diamonds" gala event, which featured Vinyl Frenzy and a 3 course dinner, was an outstanding success. At the end of the day the staff at Renaissance get to go home – but for the residents this is their home and it's great to see how much they put in and of course get out.



# Winter Flowers \*\* at the Village

Winter in Brisbane is a magical time of year. With the cooler nights, warm, sunny days and drier weather many plants and flowers grow to perfection. Many flowers at the village are now in full bloom and here are a few of our favourites.

Look out for Australian paper daisies. Just to keep gardeners on their toes, botanists have renamed the genus twice in recent years and now they're known as Xerochrysum bracteatum.

The bird of paradise Strelitzia reginae, is another established winter favourite. For 150 years this orange flowered variety is all that gardeners could grow. But recently, at Kirstenbosch Botanic Gardens, South Africa, a new golden variety has been developed called 'Mandela's Gold'. In the tropics they grow well in shade and look stunning in a bouquet of native flowers.

Another winter beauty is the sight of a Poinsettia (Christmas Flower) blooming naturally. The hot red colour of its bracts never fails to liven and its famous red and green foliage has become an important part of Christmas tradition. But did you know that in Australia the Poinsettia is artificially coaxed into its flamboyant floral displays for Christmas, preferring to flower in the winter months. At the village we have a variety of poinsettias from traditional red, dark pink, light pink and a yellow colour – Simply stunning!





"Living Legends" came into existence around May 2016 when three residents (John Mowat- Keyboard / Vocals, Gary Gibson - Rhythm guitar / Vocals and David Mountford – Bass guitar) who had played in a variety of bands in their younger days came together simply to play for the sheer enjoyment of making music with some like-minded friends. Since then the number of band members has increased with Pat Smith joining us as our first vocalist later that year. Michael Snoxall boosted our vocal capabilities and widened our repertoire by joining the band around February 2017. Steve Marcussen, the latest addition to our line-up had barely unpacked his first carton after moving into Renaissance when he joined the group in May last year. Steve brings extra guitar skills as well as a wider range of vocal capabilities to the group. Just before Steve joined us, we enlisted the help of Bob McGinley, the only non-resident of the group, to play drums for us and provide a key element to our sound. Along the way, the band has been fortunate to enlist the help of Graham Vellnagel as our resident sound engineer ensuring that the band delivers a good mixture and volume of music.

Our first public performances were Christmas Break-Up parties on the Terrace at Renaissance in December 2016, firstly for the Village Croquet Club and then a week or two later for the Heart Foundation Walkers' Club. The band has worked closely with the Village Entertainment Committee to perform on a regular basis either on the terrace or in the Moongalba Room either on Friday night or Sunday afternoon.

Our repertoire since we first formed has grown to over a hundred tunes comprising of a mixture of songs from some of the music "legends" who have supplied the sound track to our lives over the years. Some of these "legends" who we do our best to bring alive include Elvis Presley, Johnny Cash, Willie Nelson, Johnny Horton, John Denver, Hank Williams, Buddy Holly, The Everly Brothers, Paul Kelly, Crowded House and The Eagles just to name a few!

The band is available for private functions both inside and outside the Village and has performed at numerous other retirement villages and social clubs around the Redlands District since its inception.

So long as we remain upright and healthy we will continue to practice hard, expand our repertoire and aim to be the best that we can to ensure our audiences get great performances from us. We have fun together and enjoy sharing our passion with family and friends especially at Renaissance.



Living Legends (from L to R): Michael Snoxall (Lead Vocals), David Mountford (Bass), Pat Smith (Vocals), John Mowat (Keyboard and Guitar), Gary Gibson (Rhythm Guitar and Vocals), Steve Marcussen (Vocals and Rhythm Guitar). Absent: Bob McGinley (Drums), Graham Vellnagel (Sound Mixer).



### 2018 Renaissance Spring Fair

Our 10th Annual Renaissance Spring Fair is fast approaching, and this year will be held on Sunday 14th October 2018 from 10.00 am - 2.00 pm. This is a FREE community event - so please come along with your friends and family and enjoy the Spring Fair atmosphere. Follow the musical delights of the buskers and street entertainers, shop at a variety of market stalls including craft, jewellery, gourmet food, candles, clothing and more. Or simply sit down on the terrace and enjoy coffee, Devonshire tea and/or a BBQ lunch while soaking up the beautiful Spring weather and bushland outlook.

As always, our gardeners have been diligently growing seedlings and plants, so they are perfectly grown and flowering on the day for their famous Garden Plant and Flower Stall. Go on a garden tour, cross the Wirawira Walkway and visit one of our display villas in 29th Avenue.

## There's plenty of fun for all ages! Renaissance Spring

#### Sunday 14th October 2018 10 am to 2 pm - FREE ENTRY

Park at the Victoria Point Shopping Centre and find the Spring Fair by walking into the centre, through the passage way next to the Centre Management Office, and through our pedestrian entry gate into the village.



Research of any kind can be time consuming and confusing. Thank heavens for Google! However, anything that can further assist the process of making informed decisions is usually greatly appreciated. Right? For this reason, we've developed the 'My Village Comparison' tool to help you through the exploration of retirement accommodation. Designed in an easy 'tick & flick' style, the form provides prompters on things to look for and questions to ask. Complete one for each village you visit and then compare to determine the commonalities and differences. This may help establish what features are most important to you. It comes on a handy A5 size clipboard for ease of use and conveniently fits into a handbag/manbag.

For your FREE 'My Village Comparison' simply email us at sales@rrl.net.au or call 07 3820 7700.

#### **MONTHLY INFORMATION DAYS**

Information sessions are held once a month to assist those considering their retirement living options. The small group format allows for your questions to be answered by residents and staff. Knowledge is the key to making the right decision for you and your family. Contact 07 3820 7700 to register for any of the below dates in 2018.

Tuesday 3rd July 2018 10.00 am Tuesday 31st July 2018 10.00 am Tuesday 28th August 2018 10.00 am

#### Renaissance Online

Like our Facebook page and watch our YouTube channel for up to the minute news. Reporting on the daily activities at the village and seeing the Renaissance team out and about in the community.

www.facebook.com/renaissancerl www.youtube.com/retireatrenaissance Like us on Facebook / youtube images