



We took a trip down memory lane at Renaissance to help celebrate Queensland Seniors Week!

To celebrate Queensland Seniors Week Renaissance Victoria Point put on a FREE concert for residents and the public that was held at the village on Monday 19th August.

Last year we had a tribute to Roy Orbison with over 300+ people in attendance enjoying an afternoon of music and dancing. This year we were excited to have locals Andrew Carins & Kelly taking us on a musical trip down memory lane singing some of our favourite songs including Unforgettable, Something Stupid, Bye Bye Love, Route 66, The Wonder of You, What a Wonderful World, Mack the Knife and many more!

With the bar open and complimentary afternoon treats it was a fantastic afternoon celebrating music, friendships and the great things seniors contribute to our community!

DON'T MISS.... Our FREE MONTHLY Information Sessions!

Information sessions are held once a month to assist those considering their retirement living options. The small group format allows for your questions to be answered by residents and staff. Knowledge is the key to making the right decision for you and your family. Contact 07 3820 7700 to register for any of the below dates in 2019.

**Tuesday 24th September
2019 - 10.00am**

**Tuesday 29th October
2019 - 10.00am**

**Tuesday 26th November
2019 - 10.00am**



Open 7 Days - 10am to 4pm Closed Public Holidays
Call us on 3820 7700. No appointment is required



www.facebook.com/RenaissanceRL

36 Bunker Road, Victoria Point | Ph: 3820 7700 | www.rrl.net.au



RENAISSANCE LIVING NEWSLETTER Spring 2019

36 Bunker Road, Victoria Point | Ph: 3820 7700 | www.rrl.net.au

**"I love spring anywhere,
but if I could choose I
would always greet it
in a garden".**

Ruth Stout



To keep up with all the latest news at Renaissance Retirement Village like us on Facebook.
www.facebook.com/RenaissanceRL



SUNDAY 15th September 2019. 10am-2pm

FREE ENTRY

• **Market Stalls** • **Garden Displays** • **Entertainment**
• **Live Music** • **Face Painting** • **BBQ Lunch**

Parking is available in Victoria Point Shopping Centre.
Follow the signs from the Centre Management Office.

36 Bunker Road, Victoria Point.

Renaissance Victoria Point is holding its eleventh annual Spring Fair on Sunday 15th September from 10.00am – 2.00pm. The annual fair day has grown into a major community event which attracts crowds of visitors from all-over South-East Queensland to experience the fun activities, market stalls, street entertainment and delicious food.

Start by strolling up our main street and you will find many market stalls, entertaining street performers and the ever-popular Renaissance "Plant Stall" selling a wide variety of plants and flowers. This year we have local entertainer Andrew Carins performing songs by Elton John in our lounge area and our resident band "The Living Legends" playing classic hits on the terrace during lunch.

As you're walking along to the terrace area don't forget to stop in at the Workshop and check out what the woodchippers have been creating lately.

The Leisure Centre precinct will be the heart of the Fair where you'll discover the facilities available to our residents, as well as enjoy

some shopping at the market stalls (Christmas is just around the corner). Walk out on to the covered Terrace and you will find a hub of entertainment and activities and of course more market stalls. You can relax with a lovely Devonshire Tea or stop for a BBQ lunch, or both!

While you're walking around the fair make sure you take time to chat to some of our residents about their experiences making their home in the village.

The Renaissance Information Stall will be located at the entrance of the village. You will find everything you need to make the most of the day, including flyers with activity times, maps, information booklets and details on how to enter the prize draws.

Ample parking is available at Victoria Point Shopping Centre. Look for our staff inside the centre who will direct you past the centre management office and straight into the village.

With something for the whole family, the Renaissance Spring Fair cannot be missed!



Living younger, longer...

The key to a fulfilling and happy life in retirement is having a positive approach towards your future and a clear idea of the life you want to lead. Keeping busy and active with a healthy outlook to aging is vital. Not only is maintaining regular physical activity important but also stimulating the mind. Having an active social life, making time to develop new friendships and nurturing existing ones will help keep you engaged and stimulated. Activities like the Chinese game Mahjong and Tai Chi are great ways of making your brain 'think' and also have the added benefits of joining a group and making new friends. With isolation a significant factor for older adults, Renaissance appreciates the

importance of providing activities and functions that reflect our resident's interests. With over 65 different activities to choose from, our monthly calendar has everything from Yoga to Darts, Poetry Reading to Lawn Bowls and Woodcarving to Belly Dancing to mention a few.

Renaissance Victoria Point is a vibrant retirement village that provides fun and friendly activities. Many of our residents enjoy co-ordinating hobby and leisure groups, organising events and serving on resident committees. At Renaissance you are part of a welcoming community that promotes quality of life, safety, security and peace of mind in your retirement years.



Crazy Potters Club

A recent addition to our residents activities is the "Crazy Potters Club" initiated by a resident who had a keen interest in gardening. Jenny said "Walking around the avenues of the village most afternoons one could not help but appreciate many of the gardens filled with beautiful, exotic plants that had obviously been added to by individual residents. My thoughts turned to see if we could find a group of enthusiastic potters who would be keen to take pruning's from the various plants and flowers to grow more."

A note was circulated to all residents calling for a meeting of likeminded people and so the "Crazy Potters Club" was formed with a few key initiatives in mind:

- To meet regularly with likeminded people to have some fun
- To increase the members knowledge of propagation techniques
- To have an input from Chris, the Grounds Supervisor
- To nurture plants to a stage where they can be moved into the Renaissance nursery for eventual planting within the village gardens

As one resident commented "I applaud Jenny's initiative in starting the programme that has brought together garden lovers and has been extremely productive and educational. In addition to lessons on propagation we are also learning about growing plants from seeds. The exchange of information about techniques is very inspiring and goes to prove that even in old age you are never too old to learn!"



Our Move to Renaissance

by Rhonda & Trevor, Shailer Park

"Best thing we have done. We sold our house while we were on a cruise. Hear that sound out there, that's my lawn getting cut. Why don't you join us here it's great and look at all these activities you can join. I am learning all the rules of Croquet." These were the comments from our friends who had recently shifted into Renaissance.



Trevor & Rhonda enjoying the Christmas In July Street Party in their Avenue

So we went home and looked at our lovely home and garden and decided that we were quite happy. But the bills continued to come in for maintenance around the place and the housework still needed doing, dragging the vacuum cleaner up the the stairs to do all the bedrooms that were seldom used.

Those stairs were starting to annoy us with our not so good knees and my ankle, and that grass continued to grow. Then the pool pump needed replacing and one of the roller door openers on the garage needed replacing and some of those rooms needed repainting etc.etc.

We started to think seriously about the Renaissance. On our next visit to our Renaissance friends, I was shown the display homes.

Very nice, I think we could actually live here. We would have to get rid of a lot of stuff !!

"We will just sneak over and get some more details and won't tell our friends until we have made a decision."

When we pulled into the gate, guess who was walking towards us.

We had to stop and admit to what we were

doing and received much enthusiasm and urging. So we put the house on the market. After Janine had patiently shown us what was available in the village we decided on a villa. So we paid our deposit and went home to wait for a buyer, and wait for a buyer, and wait for a buyer.

After three months we had our deposit sent back to us and someone else bought that villa.

"What do we do now?"

Back to Janine who once again did the rounds with us, in the little buggy, looking at what was available and we settled on a lovely Villa in 33rd Avenue.

Now we couldn't get that house sold quickly enough, but Bank Commission scares were putting off buyers and those interested were not getting their money in a hurry or if at all.

After six months and lots of angst and many phone calls back and forth to poor patient Janine it was SOLD.

Now to get rid of all the 'stuff'.

"No Mum we don't want anything much, our house is about full."

"Let's try Gumtree."

Not much luck there.

"I bet those people down at the Op Shop now know your face."

"No, luckily they have volunteers who are different every day."

"I wonder if the lady buying this house would like anything."

But it all got sorted in the end and in we came on the 20th December 2018 with our recommended movers who did such a great job.

Thankyou Janine.

Not a great time to shift actually, but as we unpacked the boxes our darling grand-children and son-in-law did their best to help us and our lovely new neighbours welcomed us into the street with drinks and nibbles and even a meal.

Wow!! We were home.

That is the way we have felt since moving into Renaissance.

Every day has been an adventure as we have joined some activities, made new friends, attended functions, got to meet lots of new and interesting people who have all welcomed us into the Village.