



“The colours of Spring emerge with sweet sounds of song birds to fill our Winter weary souls; bringing hope, new beginnings and inspiration”

Author Unknown

In this issue...

Welcome to Spring and with it an abundance of new life at the village, as our days get warmer and the gardens come back to life with new growth and colour we know that Summer is just around the corner.

We've had a busy few months at Renaissance since our last newsletter including the near completion of Thirty Third Avenue and the ongoing construction of our watercourse villas in Stage 32. With our annual Spring Fair only a few weeks away the village is a hive of activity in readiness for our big day on Sunday 8th October. It will be a great day with many activities planned, food and craft stalls to enjoy as well as tours of our display villas – It's a perfect opportunity to get a taste of retirement life at Renaissance with your family & friends!

Springtime Gardening Focus

by Chris Brauns, Gardening Team Leader at Renaissance

With 50 acres of landscape gardens to tend to, over 110 species of plants, trees and shrubs and more than 1,000 plants varieties to care for Spring is a busy time for myself and the horticultural team at the village.

Some of our Spring “to do” list tasks include planting colour and contrasting foliage, pruning to re-invigorate plant growth, aerating lawns, cincturing unproductive fruit trees, renewing mulch and fertilising plants.

With the right Spring time care and attention plants are happier, with less disease and insect damage and they will perform better as they will be in their preferred locations. Spring is a great time to walk around this vast estate, and look at all the different plants, you will be amazed at the vast array of different species we have growing here.

Over the coming months, I'll be doing up a colour pictorial of all plants (by name) being used at Renaissance and also running horticulture information sessions for residents who are interested. ***Happy Gardening!***



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To keep up with all the news at Renaissance Retirement Village...



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NEWSLETTER SPRING 2017



DownSIZE... Don't DownGRADE

By Celia Campbell, Operations Manager, Renaissance Retirement Living

Downsizing... a word guaranteed to add extra angst to the thought of moving! 'Downsizing' has crept stealthily into common vernacular and generally has negative connotations for all ages. For younger generations, this may be related to layoffs and a reduction of resources in a business which can affect employment opportunities. However, it is an especially common 'buzzword' in the world of retirement living where it refers to reducing the size of your home, de-cluttering and creating space (physical and mental) for a new retirement lifestyle.

There are websites, books, magazines and businesses dedicated to helping seniors downsize. There's even a submission to the Government by National Seniors that outlines a 'Rightsizing' program which gives seniors an incentive to downsize. Don't get me wrong, the concept of downsizing (and rightsizing, for that matter) is great! It's a process we actively encourage and talk to people about getting started sooner rather than later. But what needs to be dispelled is the negativity associated with downsizing and its perceived suggestion of 'downgrading'.

Bigger is not always better...

Moving into a retirement village for most people requires a degree of downsizing. A reluctance to reduce too much is something seen regularly by retirement village operators, where the larger villa styles have more recently been the most sought after.



But downsizing isn't just about living in a smaller home, whether it be an apartment or retirement villa. It's about making lifestyle changes and taking advantage of the benefits of less maintenance, stress and worry that can be linked to your property. It's about keeping memories and making new ones, creating space mentally and physically to enjoy the golden years.



Upgrade your lifestyle...

Retirement communities can be the perfect solution for seniors wanting to downsize their home and upgrade their lifestyle and living arrangements. Now more than ever, due to demand, there is a wide range of accommodation and lifestyle options available to seniors. Taking the time to research these, before you find yourself in a situation where necessity dictates an impending move, will enable you to find a comfortable home that suits the lifestyle you want to lead in your retirement.

Pay a visit to some of the many available options. You may just 'fall in love' with a newer, smaller home and it will give you the incentive to begin the process of downsizing and decluttering. Like anything worth doing, it's not easy getting started but the journey of a thousand miles starts with a single step... do it while you can... and we guarantee you will join thousands of others who have downsized and upgraded and couldn't be happier. Why not you?



Spring Fair

FREE ENTRY

8th Oct 2017 • 10am–2pm

36 Bunker Rd, Victoria Point



Market Stalls
Garden Displays
Entertainment
Live Music
BBQ Lunch
Face Painting



Parking is available in Victoria Point Shopping Centre. Follow the signs from the Centre Management Office.

Bus Travel Village entry is a short walk from Victoria Point Bus Station on Bunker Road.

Renaissance Retirement Living
P (07) 3820 7700
www.rrl.net.au



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Cleveland Bowls Club

Bold new changes with 'Sharks' merger!

Exciting changes are well underway at Cleveland Bowls Club with Victoria Point Sharks Sporting Club on board to manage and upgrade the clubhouse facilities.

So far, the new Gaming Room has been completed with additional modern machines added.

The changes will ensure the Club can continue to be viable as a first-class bowling venue. Having held the Queensland Open Championships in 2007 and 2008, the three greens are well used and managed with special events such as Monthly Monday Mega Fours attracting good team numbers since it started 7 years ago. The second season of Corporate Bowls starts in October and the improvements at the clubhouse are sure to be well received by the members and visitors.

The Club recently held another successful Strawberry Carnival and worked well around the renovations.

It is anticipated all the changes will increase patronage and membership and of course, will greatly alleviate the immense amount of work carried out by dedicated volunteers over many years.

Renaissance is proud of our 10+ year association with Cleveland Bowls Club as sponsors. We have been inspired by the heart and soul members have given to their Club over its 75+ year history. Well located, with good parking, the beautiful bay breezes and night lighting ensure enjoyable bowls and relaxation all year round.

Congratulations are extended to all involved in this exciting venture to be known as the **Cleveland Sharks Sports Club**. We encourage you to stop by for a relaxing drink or meal at the new al fresco café be completed soon.



A full house at lunch on the first day of their Strawberry Carnival 2017

MONTHLY Information Days

Tuesday 31st October 10:00 am

Tuesday 28th November 10:00 am

Information sessions are held once a month to assist those considering their retirement living options. The small group format allows for your questions to be answered by our residents and staff.

Contact 07 3820 7700 to register for any of the above dates and for more details.



Renaissance Online

For up to the minute news follow our Facebook page and watch our YouTube channel. Reporting on the daily activities at the village and seeing the Renaissance team out and about in the community will give you an exclusive insight into what it's like to live at Renaissance Victoria Point.

www.facebook.com/renaissancerl

www.youtube.com/retireatrenaissance

Like us on Facebook / youtube images

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Open 7 days, 10am - 4pm
Closed Public Holidays
Contact us on 3820 7700. No appointment is required