### Information Sessions..... We want you to be informed!

Information sessions are held once a month to assist those considering their retirement living options. The small group format allows you to ask questions, talk to residents and understand the elements of entering, living and exiting a retirement village. Bookings are essential so please call 3820 7700 to register for dates in 2022.



• Thursday 21st April 2022 • Monday 23rd May 2022 • Monday 27th June 2022



### Renaissance Waitlist

Due to the high demand for our retirement villas over the past few months we now have a registered waitlist for all clients to join. If you are seriously considering a move to Renaissance in the next few years, please consider joining our waitlist to hear about villas coming up!



## Easter Opening Hours We are open 10am – 4pm over Easter and only closed

for the nominated public holidays

Anzac Day – We will be closed on Anzac Day

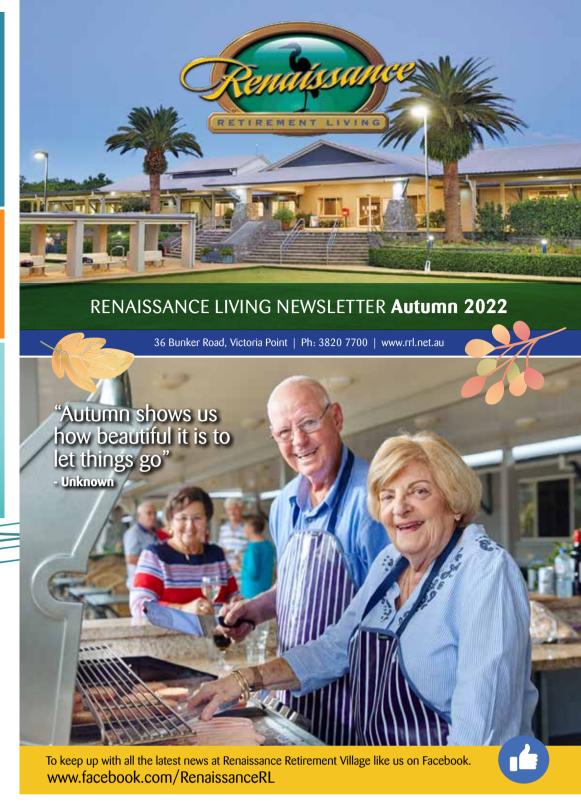


Open 7 Days - 10am to 4pm Closed Public Holidays Call us on 3820 7700. No appointment is required



www.facebook.com/RenaissanceRL

36 Bunker Road, Victoria Point | Ph: 3820 7700 | www.rrl.net.au





# The Downsizing Challenge!

There is no doubt that downsizing is the most commonly stated difficulty associated with moving to a retirement village. Renaissance villas are revered for their generous storage, but it is still a significant challenge especially for new residents who are vacating family homes with possessions which have accumulated over the decades.

Here we offer our top 4 suggestions / strategies for minimising your stuff and stress!

#### 1. Start now! Give yourself plenty of time!

This will put you in a better position to present your home for an eventual sale as well as make the packing and moving process simpler.

Along the same lines, 'don't leave it too late'! Get stuck into it while you still have good fitness and mobility. And another advantage of this strategy is your ability to participate in a wider range of activities after your move.

#### 2. One Room at a time!

Breaking down the task of downsizing into more achievable chunks can help with a sense of progress and accomplishment. You can even take this idea further and, if a whole room is too big, start working on just one cupboard or wardrobe at a time.

Make a plan to go through one room at a time over a number of weeks or months and take breaks throughout the process.

### 3. To Sell, Donate or Give Away?

Choose a strategy that works for you. You may try and sell what you can first, depending on time available, or sell what friends and family cannot take off your hands.

Hold a garage sale or two or list items on Marketplace or Gumtree. Price things to sell quickly and they usually will but there will always be some things that don't.

Check with family members or friends if there is anything you think they might like or want but don't be surprised if they have enough of their own.

Organisations and groups are often looking for donations for resources or fundraising. Try schools, after hours care facilities and community groups for craft items and books.

#### 4. Ask for help!

It's not easy and only you can really decide on what you want to keep or need however there might be a friend or family member who may help you be more objective and assist with the physical tasks of decluttering.

There are also professional packers and organisers. It may be worth spending a little on this aspect of the moving process, giving you more time and energy to spend on the 'letting go' and other tasks not so easily outsourced.

It takes a lot of time to declutter well so that things you no longer use and want can be moved on where they will be appreciated again. If you do need to take large amounts of unwanted items to your local waste transfer station, separate out anything useful or recyclable for their resource recovery sections. Obtain extra packing boxes no longer required from local businesses such as fruit shops.

It's much easier to let go of things you have loved if you know they can be put to good use again, repurposed or recycled by someone, somewhere.

With a little forethought and planning, the "dreaded" job of downsizing needn't be such a massive chore.

If you'd like more expert tips and advice about downsizing from the family home, the friendly team at Renaissance will be happy to help.



# What's been happening at the village?



### International Women's Day

Some of the ladies from our "Chicks with Sticks" Pool Team celebrated International Women's Day on the 8th March 2022. What a great opportunity to celebrate all the strong and inspirational women we have living at the village!



## **Portofino Fashion**

In February residents had a morning of fun and fashion hosted by Portofino Fashions! Nothing better than a bit of retail therapy and coffee to start the week off!







## **Resident Orchid Group**

Our Resident Orchid Group met in March to display the orchids they have been so carefully nurturing and growing. It was a beautiful display of different varieties and colours. A big congratulations to May who was the monthly winner!







What a great afternoon was had by residents and guests (mask free) enjoying music and dancing to the tunes of the "Living Legends" resident band.



Guest Speaker | Raffle Prizes Live music Andrew Carins | Market Stalls Guest appearance by Redlands Rhapsody (courtesy of Kim Richards MP Redlands) Tickets \$30

(includes morning tea and lucky door ticket)

**Bookings Essential** RSVP 29th April for catering purposes Tish 0407 587 096 or ccqredlands@gmail.com

All proceeds go to Cancer Council QLD

